**Table 3:** Estimated Change in BMI per Change in SES Predictor Variable†.

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | Adjusted for Age | | | Adjusted for Age and All 4 Individual - Level SES Measures | | |
|  | Mean Ratio | [95% CI] | *p* trend‡ | Mean Ratio | [95% CI] | *p* trend‡ |
| **White Cohort (n = 487)** |  |  |  |  |  | (n = 461) |
| **Education** |  |  |  |  |  |  |
| High school graduate or lower | 1.02 | [0.95, 1.09] |  | 1.00 | [0.93, 1.07] |  |
| Vocational/training school; some college or associate degree (referent) | 1.00 |  | < 0.001§ | 1.00 |  | 0.004§ |
| College graduate or baccalaureate degree | 0.87 | [0.82, 0.93] |  | 0.91 | [0.85, 0.97] |  |
| College or professional degree after college graduation | 0.87 | [0.78, 0.97] |  | 0.88 | [0.79, 0.98] |  |
| Master’s or doctoral degree | 0.85 | [0.79, 0.91] |  | 0.90 | [0.84, 0.97] |  |
| **Total Family Income (in $1000)** |  |  |  |  |  |  |
| Decrease of 1 IQR ($55,000) | 1.08 | [1.05, 1.11] | < 0.001 | 1.03 | [0.99, 1.06] | 0.15 |
| **Employment status** |  |  |  |  |  |  |
| Employed (referent) | 1.00 |  | 0.001 | 1.00 |  | 0.22 |
| Unemployed | 1.09 | [1.03, 1.14] |  | 1.03 | [0.98, 1.09] |  |
| **MacArthur Scale of Subjective Social Status** |  |  |  |  |  |  |
| Decrease of 1 IQR (3 ladder units) | 1.12 | [1.07, 1.16] | < 0.0001 | 1.05 | [1.00, 1.11] | 0.04 |
| **Hispanic Cohort (n = 479)\*** |  |  |  |  |  | (n = 357) |
| **Education** |  |  |  |  |  |  |
| Didn’t go to school; grade school (1 - 4 years) | 0.96 | [0.89, 1.03] |  | 0.94 | [0.86, 1.03] |  |
| Grade school (5 - 8 years) | 0.97 | [0.91, 1.04] |  | 0.96 | [0.89, 1.03] |  |
| Some high school (9 - 11 years) | 0.99 | [0.92, 1.06] |  | 0.96 | [0.89, 1.04] |  |
| High school diploma or GED | 0.96 | [0.90, 1.02] |  | 0.97 | [0.89, 1.03] |  |
| Vocational/training school; some college or associate degree (referent) | 1.00 |  | 0.99§ | 1.00 |  | 0.47§ |
| College graduate or higher | 0.95 | [0.89, 1.02] |  | 0.96 | [0.89, 1.04] |  |
| **Total Family Income (in $1000)** |  |  |  |  |  |  |
| Decrease of 1 IQR ($28,500) | 1.01 | [0.99, 1.04] | 0.30 | 1.01 | [0.98, 1.03] | 0.76 |
| **Employment status** |  |  |  |  |  |  |
| Employed *(referent)* | 1.00 |  | 0.54 | 1.00 |  | 0.84 |
| Unemployed | 1.01 | [0.98, 1.05] |  | 1.00 | [0.95, 1.04] |  |
| **MacArthur Scale of Subjective Social Status** |  |  |  |  |  |  |
| Decrease of 1 IQR (3 ladder units) | 1.01 | [0.99, 1.04] | 0.41 | 1.01 | [0.98, 1.04] | 0.50 |

†Ratio of means, obtained by back-transforming the estimated change in Loge (BMI) corresponding to the SES change specified; ‡P - Value for test of linear trend in Loge (BMI); §Treating education as a continuous-scaled measure; modeled separately; \*Includes additional adjustment for acculturation (language spoken most of the time): English, Spanish; IQR = Interquartile range.