



Image 2:038

## Exstrophy of Bladder



A male infant was born at 38 weeks of gestation by normal delivery. Physical examination revealed exteriorly lying bladder with deformed penis and low lying umbilicus (Figure 1). Skin over the bladder wall was deficient and mucosa of the bladder was exteriorised. A diagnosis of Exstrophy of bladder was made and urologic surgical team were contacted. He had no other associated anomaly. The swelling was dressed with saline soaked gauze and normal feeding and nursing continued. He is awaiting staged surgical closure of the defect.

Exstrophy of the bladder is seen in about 4 per 100,000 live births. It is more common in first born children with slight male preponderance. Ideally antenatal scan should detect this condition which was not detected in our case. Exteriorised posterior urethra, low lying umbilicus and anteriorly displaced anus are associated anomalies. Staged surgical repair is the treatment of choice.

### Information

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