



## CASE REPORT

# A Case of Coronary Artery Spasm Associated with Lisdexamfetamine Use

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## Introduction

Coronary artery spasm is a cause of myocardial infarction with non-obstructive coronary arteries (MINOCA). Coronary spasm may occur spontaneously or in response to prescribed or illicit drugs. Myocardial injury and cardiomyopathies have been reported in association with the use of stimulants in children and adults with attention deficit hyperactivity disorder (ADHD) [1,2]. However, a prospective study of a small cohort of 15 adults taking lisdexamfetamine for six months did not show adverse effects on myocardial structure or function on serial imaging [3]. To date, no cases of coronary vasospasm, myocarditis or cardiomyopathy have been reported in association with lisdexamfetamine. The purpose of this report is to highlight a case of MINOCA associated with lisdexamfetamine use.

## Case Report

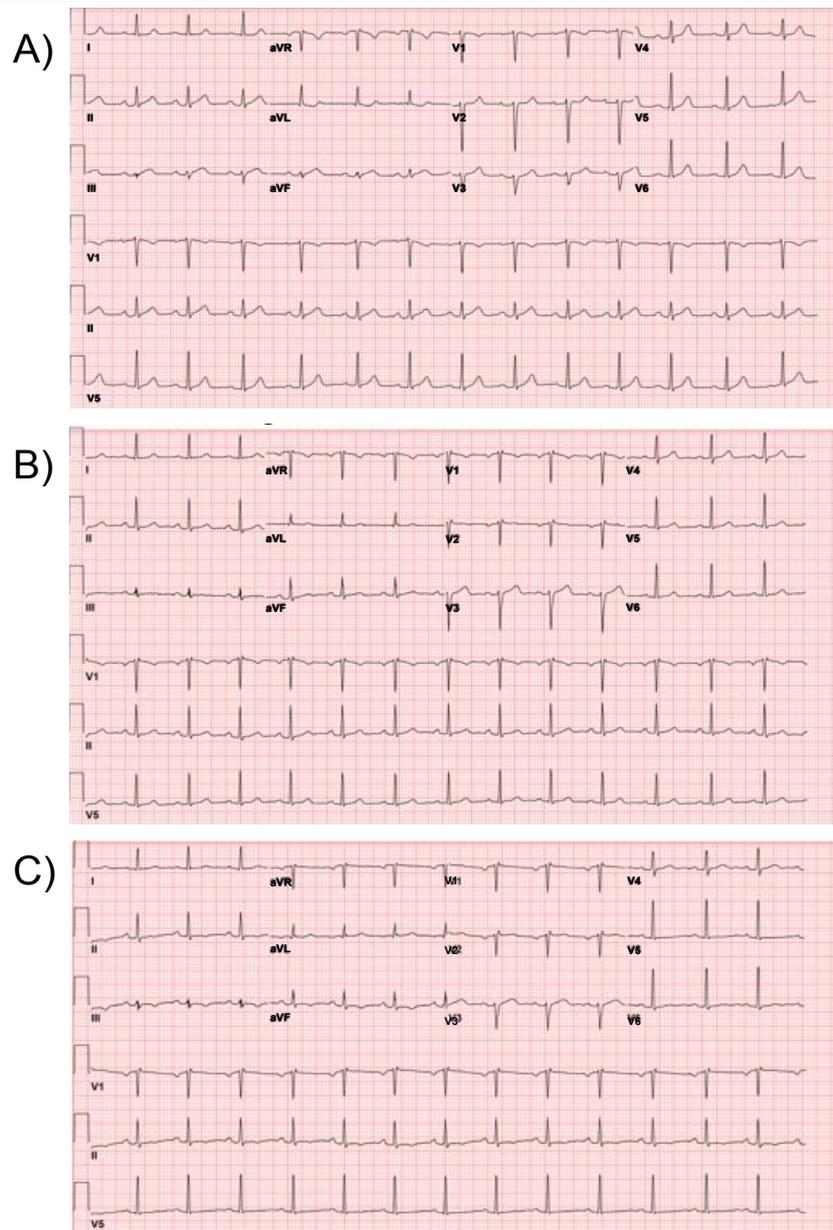
A 48-year-old woman with history of ADHD was awakened by new onset, severe chest pain which prompted her to come to the emergency department (ED). The initial heart rate was 88 and blood pressure was 147/53. There was intermittent ventricular bigeminy. Troponin I was initially undetectable and then elevated to 1.7 ng/mL six hours later, followed by a gradual decline. The initial electrocardiogram, obtained during chest pain, demonstrated normal sinus rhythm with subtle, less than 1 mm ST elevation in the inferior leads. Subsequent ECGs, obtained after chest pain ceased, showed resolution of ST segment elevation, followed by T wave inversion in the same leads. These tracings have been added as Figure 1. Her initial

echocardiogram demonstrated normal global left ventricular wall motion and normal ejection fraction. She was taken for cardiac catheterization for evaluation of NSTEMI. Cardiac catheterization revealed angiographically normal vessels (Figure 2) and mid inferior wall hypokinesis on left ventriculography (Figure 3). A spasm provocation test was not performed due to concerns about risk from induced spasm.

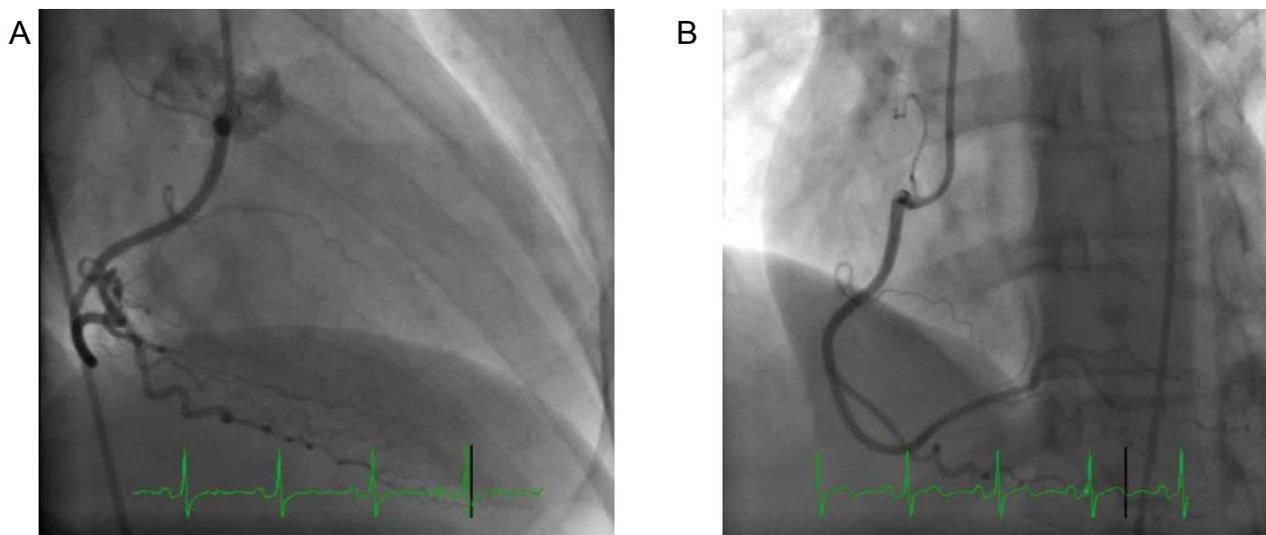
Of note, the patient started taking 30 mg of lisdexamfetamine as needed for two months prior to admission. She typically took this medication intermittently, on an as needed basis. However, she took lisdexamfetamine once a day for three days prior to admission. She denied any new psychological, emotional, or physical stressors, history of depression, or major life events. Additional medical history included gastroesophageal reflux disease. She was a non-smoker with normal blood pressure, normal body mass index, normal blood glucose, and no history of premature coronary artery disease in the family. The most recent lipid panel, obtained 6 months before the event, demonstrated cholesterol of 266 mg/dL, an LDL of 148 mg/dL, and an HDL of 90 mg/dL. There was no history of cocaine use.

Aside from lisdexamfetamine, her only medications were famotidine and dexlansoprazole. The patient had been taking Vyvanse for ADHD intermittently for two months prior but had started taking it every day for the last three days prior to the chest pain episode.

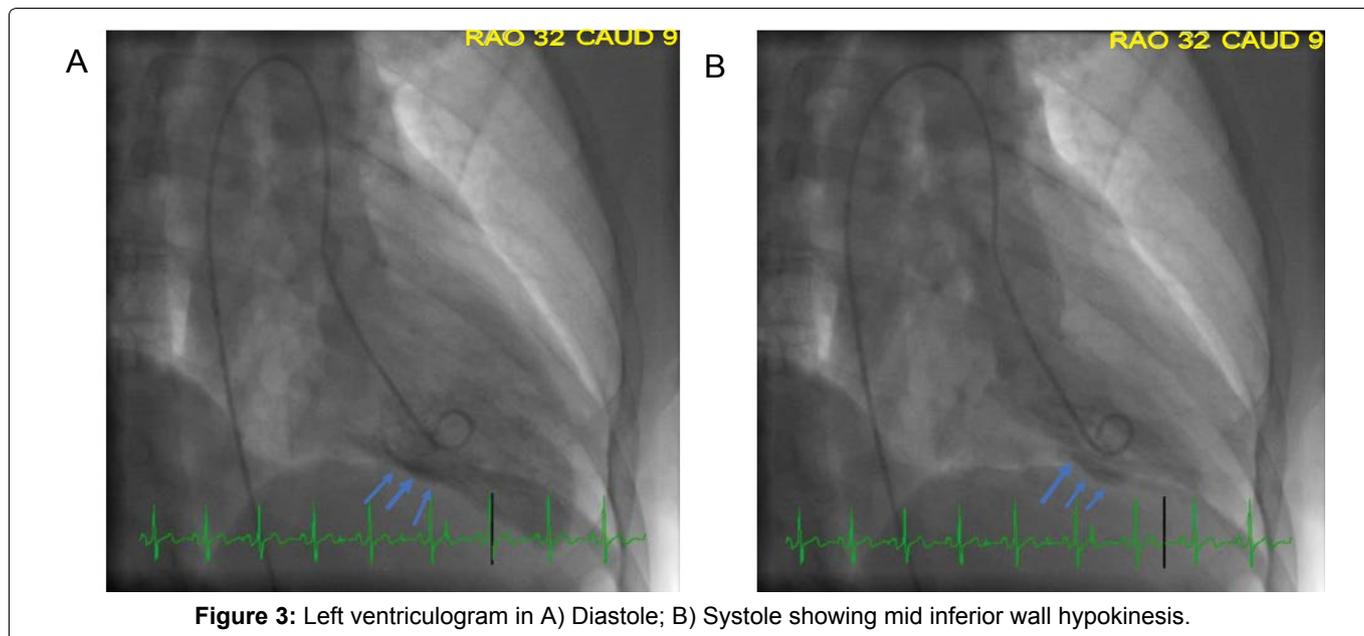
Cardiac MRI showed the absence of late gadolinium enhancement and increased T2 signal hyperintensity (Figure 4). Left ventricular wall motion and ejection fraction were



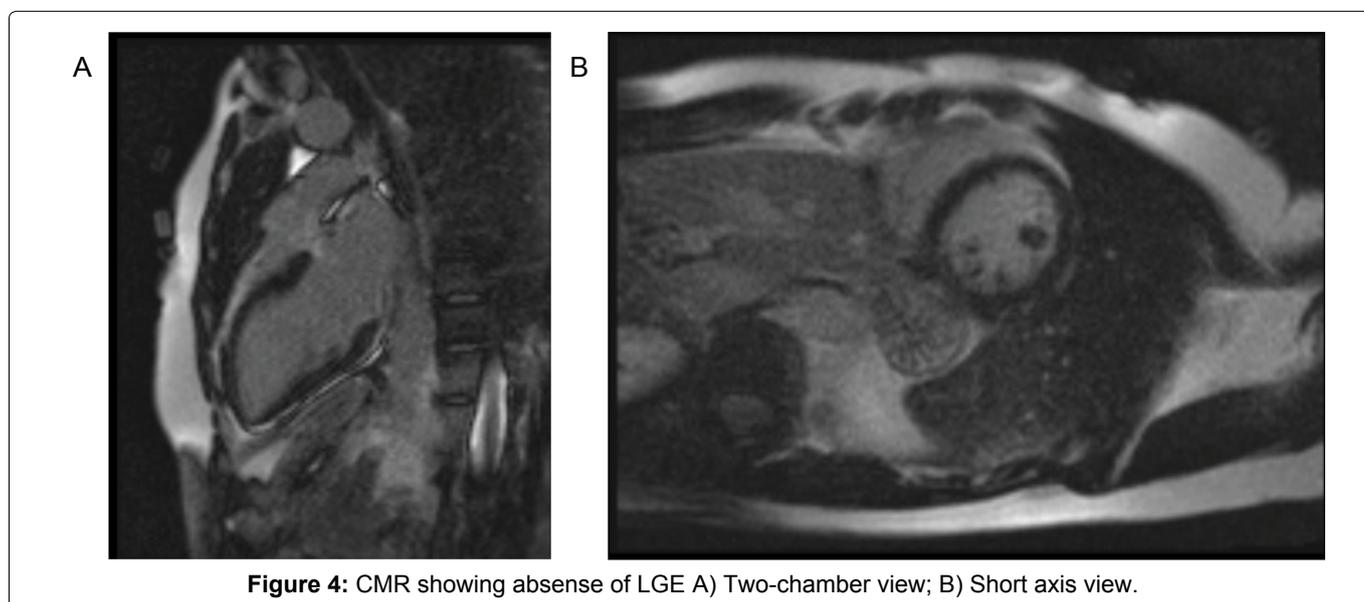
**Figure 1:** A) On arrival to the ED during chest pain episode. Subtle, less than 1 mm ST elevation in inferior leads; B) 6 hours after arrival to the ED during chest pain. Resolution of ST segment elevation; C) 24 hours after arrival to the ED and resolution of chest pain. T wave inversions in the inferior leads.



**Figure 2:** Coronary angiography of A) PDA; B) RCA showing non-obstructive coronary arteries.



**Figure 3:** Left ventriculogram in A) Diastole; B) Systole showing mid inferior wall hypokinesis.



**Figure 4:** CMR showing absence of LGE A) Two-chamber view; B) Short axis view.

normal. A computed tomography coronary angiogram was normal, without any coronary atherosclerosis. Lisdexamfetamine was discontinued. There has been no recurrence of chest pain for over a year following the event.

## Discussion

Most MIs are caused by rupture or erosion of a fixed atherosclerotic plaque with subsequent thrombus formation or a supply-demand mismatch in the setting of a significant fixed atherosclerotic occlusion. However, some cases of MI are not associated with significant atherosclerotic occlusion or plaque rupture and show normal or non-obstructed vessels on angiography (stenosis severity  $\leq 50$  percent). The differential in these cases includes, but is not limited to, occult plaque rupture or erosion, coronary artery spasm, takotsubo syndrome, and myocarditis. In this case, there was no atherosclerotic plaque on CT, ruling out plaque rupture. There was also no evidence of myocarditis on MRI. Focal takotsubo syndrome was on the initial differential diagnosis given inferior wall hypokinesis on

left ventriculogram. However, the wall motion abnormality was very limited, clearly falls within one coronary territory, and was associated with ST elevation in the corresponding leads on the ECG.

Transient ST elevation in the absence of atherosclerosis and in combination with transient, mild ST elevation corresponding to the area of wall motion abnormality suggests coronary artery spasm as the cause of MI in this case. Spasm testing was not undertaken due to transient, though mild, ST elevation during chest pain, consistent with ACC/AHA guidelines [4] and due to concerns about risk of testing [5].

The temporal association with use of lisdexamfetamine, an amphetamine, suggests strongly that vasospasm occurred as an adverse effect of this medication. Amphetamines produce indirect sympathetic activation by releasing nor epinephrine, dopamine, and serotonin from the central nervous system as well as cardiovascular effects including but not limited to varying degrees of

vasoconstriction, tachycardia, proarrhythmia and potentiation of myocardial ischemia [6]. Neither of the other medications taken by the patient, famotidine and dexlansoprazole, has been reported to be associated with coronary vasospasm.

We believe the duration of ischemia during the episode of coronary spasm was sufficiently short that scar formation did not occur, and therefore there was no late gadolinium enhancement on cardiac MRI. There was no evidence of myocardial edema on T2-weighted imaging. This may relate to the suboptimal sensitivity of T2-weighted imaging for myocardial edema. Newer methods such as T1 mapping improve sensitivity for edema but T1 mapping was not performed in this case [7].

We report this case to alert clinicians to the possibility of coronary vasospasm leading to myocardial infarction associated with stimulants, even in the absence of known cardiac disease.

## Conclusion

Coronary artery spasm should be suspected in patients on stimulants who present clinically with myocardial infarction and have non-obstructive coronary artery disease.

## References

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